

# INDOOR POOL SCHEDULE

## HUNTLEY

AUGUST 5-DECEMBER 31, 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>8-9am</b> Hydro Dynamics (W) <span>OP</span>	<b>8-9am</b> Fluid Fusion (W) <span>OP</span>	<b>8:30-9:15am</b> Hydro HIIT <span>OP</span>	<b>8-9am</b> Whole Water Works (W) <span>OP</span>	<b>8-9am</b> Aqua Pump (W) <span>OP</span>	<b>9-11am and Noon-2:30pm</b> Swim Meet: November 17
<b>9am-Noon</b> Summer Swim Intensives Session E: August 6-16 <span>LE</span> <span>LA</span>	<b>9am-Noon</b> Summer Swim Intensives Session E: August 6-16 <span>LE</span> <span>LA</span>	<b>9am-Noon</b> Summer Swim Intensives Session E: August 6-16 <span>LE</span> <span>LA</span>	<b>9am-Noon</b> Summer Swim Intensives Session E: August 6-16 <span>LE</span> <span>LA</span>	<b>9-11:30am</b> Children's Swim Lessons (NM, \$) <span>LE</span>	<b>8-9am</b> Whole Water Works (W) <span>OP</span>
<b>9:30-10:30am</b> AWE 1 (NM, \$) <span>TH</span>	<b>9:15-10:15am</b> AWE 1+ (NM, \$) <span>TH</span>	<b>9:30-10:30am</b> AWE 1 (NM, \$) <span>TH</span>	<b>9:15-10:15am</b> AWE 1+ (NM, \$) <span>TH</span>		<b>9-11:30am</b> Children's Swim Lessons (NM, \$) <span>LE</span>
<b>4:30-7pm</b> Children's Swim Lessons (NM, \$) <span>LA</span>	<b>10:30-11:30am</b> AWE 1 (NM, \$) <span>TH</span>	<b>5-8pm</b> HammerHeads October 29-March 6 <span>LE</span> <span>LA</span>	<b>10:30-11:30am</b> AWE 1 (NM, \$) <span>TH</span>		<b>2-5pm</b> Family Fitness Time & Rentals (NM, \$)
<b>5-8pm</b> HammerHeads October 29-March 6 <span>LE</span> <span>LA</span>	<b>4-7:30pm</b> Children's Swim Lessons (NM, \$) <span>LE</span>	<b>5-5:30pm</b> Technique & Conditioning <span>LE</span>	<b>4:30-7pm</b> Children's Swim Lessons (NM, \$) <span>LE</span>		
<b>5-5:30pm</b> Technique & Conditioning <span>LE</span>	<b>5:30-6:15pm</b> Level 5 Swim (NM, \$) <span>LA</span>	<b>5:30-8pm</b> Technique & Conditioning <span>LA</span>	<b>5:30-6:30pm</b> Hydro Happy Hour (W) <span>LE</span>		
<b>5:15-6pm</b> Level 5 Swim (NM, \$) <span>LA</span>	<b>5:30-6:30pm</b> Fluid Fusion (W) <span>LE</span>		<b>6:30-7:15pm</b> Level 5 Swim (NM, \$) <span>LA</span>		
<b>5:30-8pm</b> Technique & Conditioning <span>LA</span>	<b>6:45-7:30pm</b> Adult Stroke Improvement <span>LA</span>		<b>6:45-7:15pm</b> Adult Swim Beginner (NM, \$) <span>LE</span>		

SUNDAY
<b>Noon-4pm</b> Family Fitness Time & Rentals (NM, \$)

### NOTES

- Huntley High School Swim Team Holiday Hours | 8-10am | November 19-23 | December 26-28 | January 1-4
- Huntley High School Girls Swim Team Practice | September 4-November 9 | Monday through Friday: 3:30-5:30pm | Lap Pool (three lanes)
- Huntley High School Boys Swim Team Practice | November 19-March 9 | Monday through Friday: 3:30-5:30pm | Lap Pool (three lanes)



**NOVEMBER 17:** Swim meet will be held 9-11am and Noon-2:30pm in all lanes of the lap pool.

KEY	CATEGORY
\$	These classes and programs are fee-based and require registration. <span>LA</span> Lap Pool
NM	Non-members may take this class for a fee. Registration is required. <span>LE</span> Leisure Pool
W	Class is suitable for WellBridge program. <span>TH</span> Therapy Pool
	<span>OP</span> Outdoor Pool

**OPEN SWIM IS AVAILABLE WHEN NO CLASS IS IN SESSION AT THE DESIGNATED POOL.**

Lap pool lanes may be used for private swim lessons at any time.