



FAMILY FITNESS TIME

Family Fitness Time is a great way for Health Bridge members to enjoy our facilities with their family who are not enrolled. Children ages 12 and under must be supervised at all times. Guests 18 years or older must use a guest pass for admission (excluding spouses). Limit four guests per member, per visit.

SATURDAYS, 2-5PM

SUNDAYS, NOON-4PM

Crystal Lake: Basketball court, racquetball courts, track, Leisure Pool and Therapy Pool #2

Huntley: Basketball court, Leisure Pool and Therapy Pool

NEW! FAMILY SWIM TIME

Fridays, 6-8pm

November 16, 2018 - April 12, 2019

Crystal Lake & Huntley indoor pools

NEW! FAMILY BIKE IS BACK

Sundays, 2-2:45pm

Huntley (third Sunday of the month): November 18, December 16, January 20, and February 17

Crystal Lake (first Sunday of the month): December 2, January 6, February 3, and March 3



FOR MORE INFORMATION:

See concierge or call 815-444-2900